

**VERN'S**  
Foods & Farm

Quince Paste

INGREDIENTS: QUINCES,  
RAW, SUGAR, LEMON JUICE

8 oz use by: \_\_\_\_\_

VERN'S FOODS & FARM  
6106 LEMON RD NE  
OLYMPIA, WA. 98506  
Keep Refrigerated

**VERN'S**  
Foods & Farm

Ginger Lemon Bites

INGREDIENTS: OLD FASHIONED  
ROLLED OATS, GLUTEN FREE -  
BOB'S RED MILL, ALMOND BUT-  
TER (ALMONDS), AGAVE NECTAR,  
OCEAN SPRAY CRAISINS (SOFT  
& MOIST), COCONUT, VANILLA  
EXTRACT (WATER, ALCOHOL  
(35%), SUGAR, VANILLA BEAN  
EXTRACTIVES)

8 oz use by: \_\_\_\_\_

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Granola

INGREDIENTS: OATS, GRAPESSEED  
OIL, OCEAN SPRAY CRAISINS (SOFT  
& MOIST), SUNFLOWER SEEDS, RAW,  
UNSALTED, WALNUT PIECES, RAIS-  
INS, BROWN SUGAR, AGAVE SYR-  
UP, PURE VANILLA EXTRACT, SPICES,  
CINNAMON, GROUND, KOSHER SALT,  
SPICES, GINGER, GROUND

16 oz use by: \_\_\_\_\_

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Medjool Date Bites

INGREDIENTS: ALMONDS,  
ALMOND BUTTER (ALMONDS),  
COCONUT, DATES

8 oz use by: \_\_\_\_\_

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**VERN'S**  
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Cranberry Bites

INGREDIENTS: OLD FASHIONED  
ROLLED OATS, GLUTEN FREE -  
BOB'S RED MILL, ALMOND BUTTER  
(ALMONDS), AGAVE NECTAR, OCEAN  
SPRAY CRAISINS (SOFT & MOIST),  
COCONUT, VANILLA EXTRACT  
(WATER, ALCOHOL (35%), SUGAR,  
VANILLA BEAN EXTRACTIVES)

8 oz use by: \_\_\_\_\_

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Vegan  
Chili

INGREDIENTS: TOMATOES, DICED ORGANIC, VEGETABLE  
STOCK (VEGETABLE STOCK (ONION, CELERY, CARROT, MUSH-  
ROOM, RED PEPPER, TOMATO PASTE), ONIONS, ZUCCHINI,  
REFRIED BEANS, CANNED, VEGETARIAN, BEANS, PINTO,  
MATURE SEEDS, CANNED, SOLIDS AND LIQUIDS, WHITE BEANS  
(CANNELLINI BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRM-  
ING AGENT), AND CALCIUM DISODIUM EDTA (COLOR)), BEANS,  
BLACK TURTLE, MATURE SEEDS, CANNED, KIDNEY BEANS  
(PREPARED KIDNEY BEANS, WATER, SALT, SUGAR, DEXTROSE,  
CALCIUM CHLORIDE (FIRMING AGENT), DISODIUM EDTA (PRO-  
MOTES COLOR RETENTION)), RED PEPPERS, MUSHROOMS,  
ORGANIC QUINOA, TOMATO PASTE (TOMATOES, SPICES, NATU-  
RAL FLAVORS, CITRIC ACID), GARLIC, OLIVE OIL, VEGETABLE  
BASE, CHILI POWDER, JALAPENOS, DRIED MEXICAN OREGANO,  
PARSLEY, BASIL, CUMIN, CAYENNE PEPPER

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Balsamic  
Dressing

INGREDIENTS: OLIVE OIL, BALSAMIC VIN-  
EGAR, HONEY, MUSTARD (WATER, VINE-  
GAR, MUSTARD SEED, SALT, WHITE WINE,  
FRUIT PECTIN, CITRIC ACID, TARTARIC  
ACID, SUGAR, SPICE), SHALLOTS, BASIL

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**VERN'S**  
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Farmacy  
Soup

INGREDIENTS: VEGETABLE STOCK, COCONUT  
MILK (COCONUT MILK, WATER, GUAR GUM),  
ONION, SWEET POTATO, POTATOES, RED,  
COCONUT, LENTILS, PINK, RAW, QUINOA,  
UNCOOKED, CELERY, CARROTS, RED PEPPERS,  
ZUCCHINI, MUSHROOMS, LEEKS, COCONUT OIL,  
GARLIC, SHALLOTS, CURRY POWDER, TURMER-  
IC, OREGANO, CILANTRO, PARSLEY, THYME

32 fl oz use by: \_\_\_\_\_

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